



Facts To Chew On

Volume 5 Issue 4

Oct/Nov/Dec 2006

Official Volunteer Newsletter

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Volunteer Resources receives funding from:



ConocoPhillips
And Calgarians like you.



The Church of Jesus Christ of Latter - Day Saints

On Saturday, September 16th, 2006, 331,153 lbs. of food was donated to the Calgary Food Bank through the LDS Food Drive.

The Church leaders, government and media visitors were suitably impressed both by the drive and by the Food Bank overall. Months of preparation and everyone's enthusiasm (regardless of the weather) made this event operate very smoothly.

Thank you to everyone for making this happen!

Reaching out to 350,000 homes to raise over 330,000 lbs of food is a tremendous contribution!
- Amber Long- Volunteer

The LDS Food Drive was an example of excellent leadership and teamwork!
- Ellen Bruce - Staff member



Donation drop off site



LDS van donating food





YMCA KIDS IN MOTION

On Thursday, August 17, 2006 14,009 lbs of food was donated to the Food Bank by YMCA Kids in Motion participants, and 250 lbs more in missed pick-ups came in on Friday. The food was collected during

their annual food drive from 15 Calgary communities. Their efforts will help the Food Bank meet community needs for the month of September.

YMCA Kids in Motion is a summer program for kids nine to 12 years old, aimed at teaching the value of community service and citizenship. The kids divide their time between work on projects that benefit others and leisure activities.

The staff and volunteers at the Food Bank did an excellent job facilitating the event. Big thanks to everyone who contributed to its success!



CLIENT SERVICES

The Client Services department of the Calgary Food Bank will be publishing a quarterly electronic newsletter specifically for our partners and referring agencies.

Regular program updates, in the form of a newsletter was suggested by a number of respondents, so here we are!

We will be using this newsletter as an avenue to communicate information relevant to staff from community agencies that refer their clients to the Food Bank. This might be for emergency hampers, the Milk Program, or other programs, such as CANS. We will be using this space to answer your questions and concerns, give you important program information, and ensure you have relevant information about policies and procedures.

Since beginning the referral system in September, 2003, we now have over 350 different referring programs, and 1500 different staff connected with those services. In June of this year, we held an Open House, and asked for your feedback about communication.

We are always open to hearing your suggestions for content, so please contact Karoline or LeeAnn if there are specific issues you would like us to address. Also, watch for our "Christmas Special Edition" which will be sent out later in the Fall.

CHEW on THIS



VOLUNTEER OPPORTUNITIES!

TOUR GUIDES

How well do you know the Food Bank? CIFB is looking for volunteers who can act as Tour Guides during our busy season. Volunteers will lead community groups on tours that are between 45 and 60 minutes.

Training is provided. For more information, call Monica at 319-0828.

VOLUNTEER FOR LOONIE TUNES

Loonie Tunes is a fundraising event for the Calgary Inter-Faith Food Bank. It involves a CD collection campaign and public sale to be held in Calgary over two weekends - November 10 to 12 and 17 to 19, at the Crossroads Market.

This is a tremendous volunteer opportunity for individuals and groups! Many volunteers are needed to help sort the CD's at the Crossroads Market from November 2nd, 3rd, 4th, 6th, 7th, 8th & 9th. Morning and afternoon shifts are available.

Volunteers are also needed for the event itself:

- Nov 10 Noon-5pm
- Nov 11 & 12 9am-5pm
- Nov 17 Noon-5pm
- Nov 18 & 19 9am-5pm

Volunteers helping on the day of should be comfortable standing, working with the public and handling cash.

Call Margaret in Volunteer Resources at 319-0830 to sign-up!





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OUR VOLUNTEERS...OUR LEGACY

With the introduction of our new Legacy Giving Program, the Calgary Food Bank is in need of qualified volunteers to act as Legacy volunteers. The role of a Legacy volunteer is to build or support relationships with existing regular Food Bank donors, with the goal of a Legacy Gift. Their role will be to inform the selected donors of the programs and services we provide, the impact we have on our community, and how their gift would provide long-term benefits to those that we serve.



At the Calgary Food Bank our volunteers are our greatest resource. Dedicated, enthusiastic, and knowledgeable: who better to deliver information to donors than the people that help make our existence possible? Many donors respect the commitment volunteers make. Having our Legacy message delivered by a volunteer would increase the frequency of a positive responses and support.

Recruitment for Legacy volunteers will commence this fall, with training sessions in mid-October. If you are interested in this new and exciting volunteer opportunity, watch for the recruitment brochures, or call... for more information. Thank you for making a difference!!

SUPPLEMENT YOUR INCOME!!

Do you have a van or small truck and would like to make some extra money? We have 4 companies that require a Monday pickup of their pop cans. If you are interested or would like more information, please contact Thelma at 319-0837.

BANANA BOX!

A special thanks to all our sorters for their continued support of the Food Bank in sorting through the food that comes to us in banana boxes.

Food in banana boxes is donated to the Calgary Food Bank through two different reclamation companies. Although the product donated is supposed to be useable or possibly useable upon receipt, at times it is waste. We have no control over their sorting processes and recognize that often the product is messy and dirty for our volunteers to handle. Please ask one of the staff or captains for gloves when sorting if you would like them.

The Food Bank saves approximately \$50,000 on our food budget by sorting food in the banana boxes.

THANKS AGAIN TO OUR GREAT CREW OF SORTERS!! YOU ARE GREATLY APPRECIATED!!



EVENTS!
EVENTS!
EVENTS!

CANADA OLYMPIC PARK'S SEASON ENDER BENDER

Saturday October 7, Canada Olympic Park is hosting events all day to mark the end of its summer season. Events include a Freeride Trail Race, Downhill Enduro Race, a BBQ and Band and a video premiere in the Paskapoo Lounge.

Entry to both the Trail Race and Enduro Race are FREE for all season pass-holders and ticket holders. Entry to the video premier is FREE with the donation of a non-perishable food item for the Calgary Inter-faith Food-bank. Admission without a food item is \$2.

6TH ANNUAL LIFETIME CHARITY BALL

Lifetime Financial Planning, Assante Wealth Management, Solid Industries and F.S.E. Financial Group present the 6th Annual Lifetime Charity Ball on Saturday Oct 21, 2006 at the Calgary Petroleum Club. This prestigious event benefits the Calgary Inter-Faith Food Bank through a percentage of ticket sales and the proceeds from a silent auction.

The evening starts at 6 pm with Cocktails and Canapes, followed by a first class dining experience then entertainment by a nine piece swing band, professional ballroom dance performances and more.

Tickets are \$125 per person inclusive and tables seat eight.

To reserve your tickets or for more information please contact:
Lifetime Financial Planning Inc. - 232-8378
or
The Calgary Inter-Faith Food Bank - 253-2059

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FAME FOR FOOD

Dec. 2 - City TV partners with Sobeys to bring families and businesses their 15 seconds of fame! For a donation to the Food Bank you can record a holiday greeting on City TV which will air throughout December. Call Holly at 319-0827 for details.

STUFF A BUS

Dec. 9 – Calgary Transit and Calgary Co Op team up to fill city buses with food and cash donations! Volunteers needed at ALL Calgary Co Op locations (10am – 1:30pm and 1:30pm – 5pm) and at the Food Bank warehouse at 5pm to help unload the buses. Call Kristen at 319-0840.

FRUIT AND VEGGIE FRIDAY

In August 160,690 lbs of excellent quality food was distributed to clients on Fruit and Veggie Fridays! Once again thanks to everyone involved in making this happen and ensuring the food gets to clients who will make use of it.



AGM

Oct 28, 11am at CIFB

Memberships available on the day or at Reception.

HOLIDAY POTLUCK LUNCHEONS

11:30am-1pm Nov 27-Dec 1st. Cold buffet for evening volunteers. Watch for sign-up sheets in Volunteer Land.

CBC PETRO CANADA CHRISTMAS FOOD DRIVE

The CBC Petro Canada Christmas Food Drive is December 4 - 24 and currently has openings for individuals or small groups of 2-3 volunteers. Please contact Kristen at 319-0840 to sign up for this event.

DECEMBER MADNESS

Calling All Volunteers (Contact Volunteer Resources to sign up).

Turkey Vouchers – Afternoons @ 4pm to coordinate vouchers for next day Christmas supplements.

Volunteer Drivers – All of December – days – work in teams – bring a friend to lend a hand!

Greeters - Afternoons and Evenings – ‘Traffic Director’ and ‘Person who can answer all questions’ during distribution times.

Call Centre - (afternoon & evening shifts – trained and active by end of October)
Walk - In Interviewers (as above).

Reception volunteers - to assist with phones, issuing receipts, greeting donors.

Receivers – assisting at loading dock – mornings, afternoons, evenings.

Thank you to all of the Calgary Inter-Faith Food Bank Volunteers.
It is because of you that this organization has been able to assist Calgarians for 24 years.

